

Diabetes type 2 driver diagram

Intended outcome	Primary driver	Secondary driver	action
Improve or maintain outcomes while minimizing the environmental, social and financial costs of Type 11 Diabetes care	Prevent avoidable disease	<ul style="list-style-type: none"> <li>-Reduce weight</li> <li>-Reduce sugar intake</li> </ul>	<ul style="list-style-type: none"> <li>-Every contact counts</li> <li>-Exercise referrals/green space/social prescription</li> <li>-Dietician referrals</li> <li>-input to policy eg sugar tax</li> <li>-Increase awareness of diet and diabetes</li> </ul>
	Empower patients to improve disease management	<ul style="list-style-type: none"> <li>-improve self-monitoring- in patients who require it</li> <li>-Shared decision making</li> <li>-Peer support</li> <li>-improve networks</li> <li>-Improve life skills eg cooking</li> </ul>	<ul style="list-style-type: none"> <li>-Apps</li> <li>-Diary</li> <li>-Individual care plans</li> <li>-Annual reviews + discussion</li> <li>-Monthly expert patient meetings</li> <li>social prescription – food/cookery/food growing</li> </ul>
	Ensure lean systems	<ul style="list-style-type: none"> <li>-Reduce continued use of drugs without benefit</li> <li>-Joined up care for multiple chronic conditions</li> <li>-Reduce unnecessary hospital referrals</li> <li>-Lean communications</li> </ul>	<ul style="list-style-type: none"> <li>-Regular team meetings with a diabetic focus</li> <li>-Audit</li> <li>-Joint clinics for chronic conditions in hospital</li> <li>-Regular local training events with diabetic focus</li> </ul>
	Switch to lower carbon alternatives	<ul style="list-style-type: none"> <li>-?increase the use of telemedicine</li> </ul>	<ul style="list-style-type: none"> <li>-?introduce digital support for videoconferencing between GP/nurse and consultant and patient eg for diabetic foot ulcers?</li> </ul>
	Improve operational resource use	<ul style="list-style-type: none"> <li>-promote medicines optimization</li> <li>-Improve recycling of equipment</li> <li>-reduce unnecessary use of patient blood glucose monitoring</li> </ul>	<ul style="list-style-type: none"> <li>-Pharmacy/GP medication reviews</li> <li>-work with manufacturers to recycle glucometers?</li> <li>- improve education around who benefits from regular glucose monitoring.</li> </ul>